

Zebras of Hope: A Guide to Living with Ehlers-Danlos Syndrome

by

Ellen Kelleher

ZEBRAS OF HOPE



**A GUIDE TO LIVING WITH
EHLERS-DANLOS SYNDROME**

ELLEN KELLEHER



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Synopsis

This book was written for those diagnosed with Ehlers-Danlos Syndrome. It can be difficult to navigate the complexities of this condition, and I hope this book will help to prepare you to take on the challenge of living life after the diagnosis. We are born with EDS, yet finally receiving a diagnosis is devastating to many of us. This book includes some personal stories, so that you will be able to see how others have dealt with the diagnosis and learned to live their lives as they faced the challenge of EDS and overcame the obstacle of self-pity, to move forward into a new life. Faith is the backbone of this book and I hope that through faith you will also learn to cope with EDS.

Sort review

From the Author Writing Zebras of Hope was a learning experience. I intended to have the book done in a year or so, but Ehlers-Danlos Syndrome got in the way, and it took me much longer to complete it. I enjoyed receiving stories from my fellow zebras, some of them are included in the book, and some were, unfortunately, lost in computer crashes and upgrades, nonetheless, I enjoyed "meeting" the people who share the zebra designation with me. Thank you to everyone who has purchased Zebras of Hope, you made it a #1 best-seller in Genetics. About the Author Ellen Kelleher is a Christian, a wife, and a mother. She lives in the Back Mountain area of Pennsylvania, with her husband, Joe; son, Ian; and their dog, goats, sheep, rabbits, chickens and guineas. She makes the most of life with Ehlers-Danlos Syndrome, by spending time with her loved ones and animals, and spending time in worship and praise and reading God's word.

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What people say about this book

Sandrizzy, "Five Stars. Easy to read and very helpful for family and friends of EDS sufferers."

TJ, "Completely useful. I haven't read a book in 4 yrs, but i saw that this book was out there for free and I myself suffer from EDS, (the same subtype as the author), and I can completely relate in most ways to her struggles. There were a few spots of information about the history on EDS that were interesting and also it was nice to learn about coping. GREAT BOOK!!!"

T.R., "Four Stars. Enjoyed the case studies/personal stories"

happymom5, "Would have been glad for more in depth information. Simple and basic book. Would have been glad for more in depth information, but it was a fast and easy read that gave a great over view."

Ebook Tops Reader, "What I planned on getting. I'm learning about my condition and this is one of my tools."

Stan Fishburn, "vascular EDS. this was a great book and it showed the types of EDS that affects my life any body."

Jeanette, "Five Stars. Exactly as described and arrived on time"

Jemma Brown, "Informative. Great read for people newly diagnosed like myself. I only wish it was longer and had more examples. Some content comes across as slightly patronizing."

renee riddle, "It was easy to read and gave me hope. This book was very encouraging and realistic. It was easy to read and gave me hope."

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