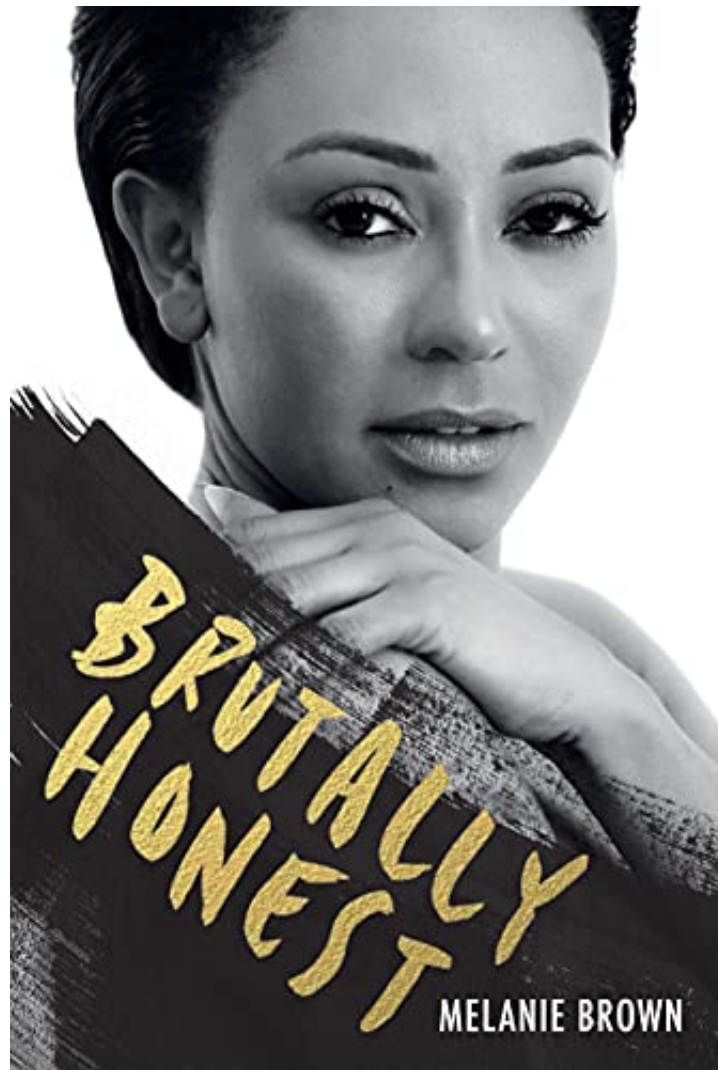


Brutally Honest: A Sunday Times Bestseller

by

Melanie Brown



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Synopsis

THE SUNDAY TIMES TOP 5 BESTSELLERThe tell-all memoir from the loudest, proudest Spice Girl – and the truth behind the headlines.As one-fifth of the iconic Spice Girls and judge on X Factor and America's Got Talent, Melanie Brown, a.k.a Scary Spice, has been an international star since her twenties. Brutally Honest is an exposé of the struggles and acute pain that lay behind the glamour and success.With deep personal insight, remarkable frankness and trademark Yorkshire humour, the book removes the mask of fame and reveals the true story behind the Spice Girls, as well as the horror of her most recent marriage and her 10 year struggle to be free.

Sort review

'This book is so powerful, so real, so strong and soemotional - this is exactly Melanie.' Geri Horner (nee Halliwell) 'This book will help to change lives.'Katie Ghose, Women's Aid Chief Executive'Like everybody else, I can't wait to read this book!' Heidi Klum'An unflinching account of how an icon of girl power becameutterly powerless in her own life, this brave and important book deserves to beread by fans and non-fans alike. Utterly absorbing and deeply affecting.' Joe Stone, The Guardian. This is the most gut wrenching, punch-in-the-stomach honest celebrity autobiography I've ever read. Mel B, with the help of second-to-none A-list interviewerand her long-time collaborator Louise Gannon, takes us to the darkestplaces behind her Scary Spice persona, educating about the true horror of abuse in the process.' Dan Wootton , The Sun x -- This text refers to an out of print or unavailable edition of this title.About the AuthorMelanie Janine Brown, professionally known as Mel B, is an English singer, songwriter, rapper, dancer, producer, model, television personality, and author. Brown rose to prominence in the 1990s as a member of the girl group Spice Girls, in which she was nicknamed Scary Spice.Louise Gannon is one of Britain's most prolific writers and an award-winning celebrity interviewer. Her subjects have ranged from Jack Nicholson to Mick Jagger and Britney Spears, as well as Madonna, Tina Turner and Lady Gaga.A contributing editor of Grazia, she also writes frequently for other magazines that include You, Event, Elle (worldwide) and Stella, and she regularly appears on television. She is best known for her in-depth, empathetic style of interviewing which has made her a favourite with celebrities from the worlds of music, television and film.Louise has known Melanie Brown since 1995, when an unknown band called The Spice Girls performed in her office when she was Head of Show Business at GMTV and she helped put them on television. Brutally Honest is her long awaited debut celebrity biography.Contact: Charlie Brotherstone at Brotherstone Creative Management: info@bcm-agency.com--This text refers to an out of print or unavailable edition of this title.

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What people say about this book

Displaced Californian, "Sad and Scary. I read this book in just a few hours. I couldn't put it down. I didn't know much about the Spice Girls, but I enjoy Mel B. on America's Got Talent. Brutally Honest is just that. Some of her story was very unpleasant for me to read, but I plugged along. Never having been abused in the way she has been, and by so many men, it was difficult for me to understand why she kept falling for the same kind of abusive men. I did begin to understand how this happened to her, and I feel so much empathy for her and her daughters. I hope very much that she is now as strong as she says she is and will stay away from those types of men. I hope the drinking has stopped. I hope she continues to see Dr. Sophy until she is one hundred percent sure that she is cured of all of her addictions, including men. She's only in her early forties. I think she's still susceptible to falling for the same kind of guy. Be careful, Mel B!! I hope you make a ton of money with this book."

Ebook Tops Reader, "Brutally Raw. What a gut wrenching book. I cried during most of it. Melanie packs a hell of a story but it's been a hell of a life. This is a woman I admired and thought she had everything and the best of life. Truth shall set you free. Being an abused wife myself, I know all the signs so reliving that through this book was incredibly hard and there were times I had to put it down and stop. But I am thankful that she had the courage to get this done and start her life over and be the mom her children deserve. My heart, prayers and love to put to a remarkable woman who got sucked into a terrifying experience and was able to recover and come away with her life and love. There is a special place in hell for abusers and I pray one day they all get what they deserve. May Melanie now have the life she and her children deserve. Book packs a wallup!"

WindyCityDreamin, "Left me Speechless. I wasn't a huge Spice Girls fan but I was somewhat familiar with her Spice Girls days because my little brother was a big fan. My familiarity with Mel was from her brief reality show and her time on AGT. I've always liked Mel's public persona as I've found her funny and affable. Initially, I had no plans to read the book but after hearing Mel B discuss it on TV I changed my mind. I'm glad I checked it out. Once I started the book I couldn't put it down. It only took me three days to finish it. I had no idea that Melanie's experienced so many trials and tribulations in her life. Parts of her story are hard to read but ultimately, I came away feeling relieved and proud that Mel finally had the strength to leave her ex-husband. She's a survivor in every sense of the word. I hope the next chapters in her life are filled with happiness and continued success in her career. I don't want to give anything away but the book will hold your attention even if you have just a passing interest in Mel's life. I do wish she'd talked more about her Spice Girls days but from her perspective I suppose she feels like she shared all that needed to be said. Much of the book talks about the last ten years of her life with her ex-husband and her struggle to survive his abuse. Those chapters she seems to "tell-all" but I'd say

the rest of the book is measured and respectful. She's honest but doesn't share more than is really necessary. After all, she does have two young daughter's to protect. I enjoyed the book immensely."

Joy Walker, "Shockingly fabulous!. Mel B was my least fave Spice Girl, but after reading this book she is my hero! She does not hold back anything about her horrendous controlling husband, Belafonte, and it is a very upsetting read. She does not glorify the violence in her marriage but it is so distressing to read about how her children knew about the abuse especially the effect it had on her eldest child, Phoenix - heartbreaking. Despite what she believes, she is a fab mum; her adorable children love her very much and all she can do now is never to repeat the cycle of abuse.I admire Mel B's spirit and I do believe every word. She was controlled and would do anything to keep the peace. The fact that he threatened to release the sordid sex tapes to ruin her career shows what a nasty svengali type of villain she was dealing withLike Mel B or not, this book is a true page turner, I could have read it in one sitting. It is written well and flows well. I can't believe she has been 'brutally honest' - takes some guts but she is safe now hopefully. It was a shame that her horrendous marriage broke up relationships that Mel valued such as with her close friends and lovely family. She can only move forward now and I wish her luck in finding a decent man who can show her what true love means.Buy it!"

Mrs P Hill, "Very honest and no holes barred account. There are so many psychological abusers about who prey on people who are naive manipulate them so that they feel they cannot live without them.That's when the coercion begins.Why people have to make others feel so bad I'm not sure, they obviously have many insecurities that they project onto others.Everyone contemplating a new relationship should read this book.From a fellow survivor"

Trudie Arr, "Title says it all. Was not a fan of Mel however decided to read this after her Loose Women appearance discussing it .Firstly I believe every word she says ,shame for her kids but she can now rectify that .Love that her family were instantly there for her even after all that time .Very honest read and I definitely understand her behaviour since being with him now ."

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