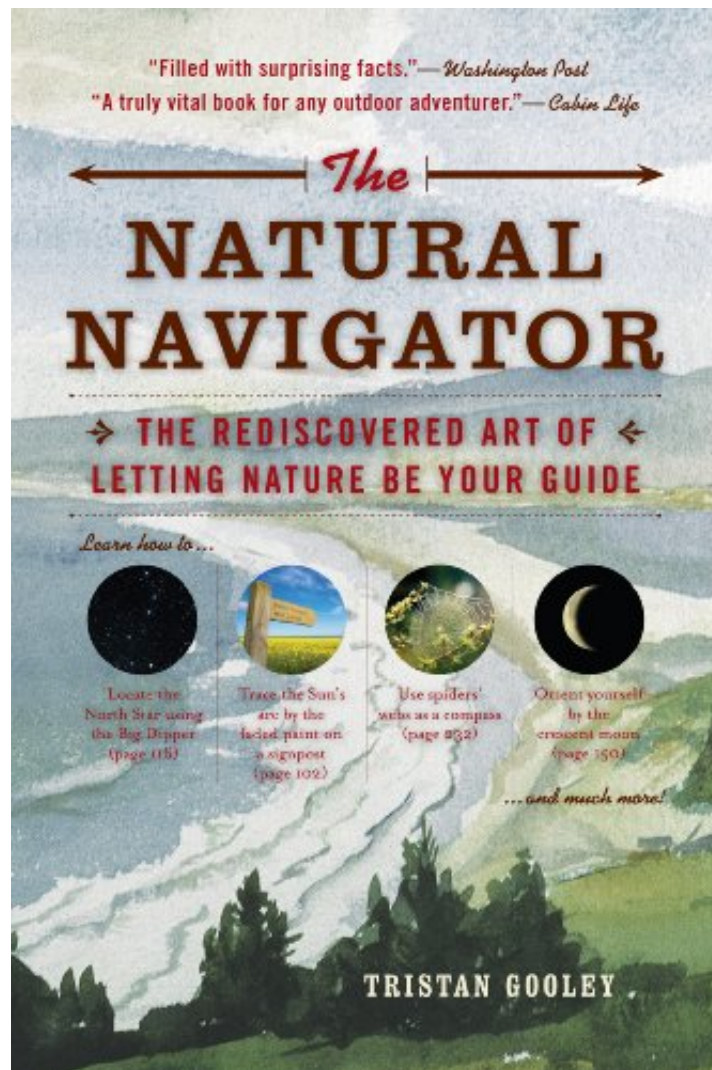


The Natural Navigator: The Rediscovered Art of Letting Nature Be Your Guide (Natural Navigation)

by

Tristan Gooley



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Synopsis

From the New York Times-bestselling author of *The Secret World of Weather* and *The Lost Art of Reading Nature's Signs*, learn to tap into nature and notice the hidden clues all around you. Before GPS, before the compass, and even before cartography, humankind was navigating. Now this singular guide helps us rediscover what our ancestors long understood—that a windswept tree, the depth of a puddle, or a trill of birdsong can help us find our way, if we know what to look and listen for. Adventurer and navigation expert Tristan Gooley unlocks the directional clues hidden in the sun, moon, stars, clouds, weather patterns, lengthening shadows, changing tides, plant growth, and the habits of wildlife. Rich with navigational anecdotes collected across ages, continents, and cultures, *The Natural Navigator* will help keep you on course and open your eyes to the wonders, large and small, of the natural world.

Sort review

"[A] deeply poetic book . . . Mr. Gooley provides ample instructions, complete with diagrams of wind patterns and tide heights, for living and traveling like a natural navigator."—*The Wall Street Journal* "Chockfull of incredibly useful information ranging from the simple (e.g., how to make a sun dial) to the more complex (e.g., how to outline the sun's arc based on latitude), this book will appeal to veteran trailblazers and cautious nature-lovers alike. Indeed, for those prone to stick to the Discovery Channel rather than venture afoot, Gooley's personal travel anecdotes alone are enough to make this worth a read."—*Publishers Weekly* "This in-depth book gives us the tools to reengage with our natural world in a clear and understandable way. I love it!"—Bear Grylls, author of *The Kid Who Climbed Everest* and *Man vs. Wild* "The perfect book for getting you started on your own adventure."—Sir Ranulph Fiennes, adventurer and author of *Race to the Pole* "The *Natural Navigator* is a wonderfully stimulating book. Tristan Gooley sidesteps technology to celebrate our own powers of observation, and suggests that the art of natural navigation is something we should never have forgotten."—Michael Palin "Before GPSes, people navigated by the stars, the wind and shadows on the ground. Tristan Gooley, an English adventurer, shows how it's done in *The Natural Navigator* . . . This fascinating book is filled with surprising facts."—*Washington Post* "Gooley, a longtime adventurer who teaches what he calls "natural navigation," has compiled an intriguing trove of tips and tricks from cultures such as the Inuit and Aborigines . . . Even for readers who never intend to rely on these tips to find their way through the wilderness, *The Natural Navigator* is a great primer on how the forces of nature affect the landscapes and seascapes that everyone travels through."—*Science News* "[P]rovides a delightful refresher course . . . His enthusiasm for the basic facts of earth science and astronomy are part of the charm of *The Natural Navigator*."—*The Providence Journal* "Packed with helpful illustrations, Gooley opens your eyes to the clues that the natural world happily shares with all of us, if we just take the time to look. . . . A truly vital book for any outdoor

adventurer.”—Cabin Life“As Gooley reminds us, navigation is, first of all, about understanding where you are. His marvelous book is a good starting point.”—Mick Herron, Geographical Magazine“This wonderful book takes the skill set back several generations further, to the vanishing (but often surprisingly simple) arts of navigating by sun, moon, stars and natural phenomena. If this sounds arcane and unlikely, it’s not: armchair readers will revel in the beautifully written material on myth, science, folklore and history, and the fascinating details and tips . . . This is the sort of charming and inspiring book you want to recommend and buy for others. A must for any lover of the outdoors.”—Tim Jepson, The Telegraph“The best nature writing changes the way you experience the world. Tristan Gooley’s *The Natural Navigator* will teach you how to find your way using not just the moon, sun and stars but spider’s webs, tennis courts and even ruts on a track. He throws in entertaining anecdotes from the history of navigation and from his own impressive Atlantic journeys, but really he’s giving you an addictive hobby, and a newly refined sense of time and place.”—James McConnachie, The Sunday Times (London)“Gooley’s calm, contemplative authority on matters solar, lunar and celestial establishes his guru credentials—but it’s his revelations about the clues that lie scattered about the natural environment that really entrance: how puddles drying on paths, the shapes of sand dunes, the graininess of scree on the lee of a slope can all be enlisted to summon compass points to your horizon.”—Chris Born, Time Out London“Gooley is a fine writer with a philosophical passion for the subject, and he occasionally veers into areas that are perhaps not strictly within the remit of the book, but these are effortlessly pleasant diversions that add to the whole. His timing is strong, with anecdotes dropped in at just the right intervals to keep you turning the pages. His advice is at times glorious in its simplicity and fascinating in its execution.”—Laurence Mackin, The Irish Times“In a sat-nav dominated world, where GPS and a host of other acronyms designed to get us from A to B have overtaken paper maps, it is refreshing to meet someone who understands technology, but prefers to find his way by practicing the rare and ancient art of using nature’s signposts, from puddle patterns to shadow lengths . . . I’m hooked. Back at the beech, I make a mental note of emerging bluebell patches, forming an internal map that I’ll use to find my way around the wood.”—Paul Evans, BBC Wildlife Magazine“Gooley artfully covers all a natural navigator would need to know for any situation he or she may find themselves in, be it a wilderness trek, a jaunt through the local woods, or just the walk to work.”—The Englewood Review of Books--This text refers to an out of print or unavailable edition of this title.About the AuthorTristan Gooley is a writer and navigator. His passion for the subject of natural navigation stems from his hands-on experience. He has led expeditions in five continents, climbed mountains in Europe, Africa and Asia, sailed small boats across oceans and piloted small aircraft to Africa and the Arctic. He is the only living person to have both flown solo and sailed singlehandedly across the Atlantic, and he is a Fellow of the Royal Institute of Navigation and the Royal Geographical Society. Prior to setting up The Natural Navigator school, Gooley gained extensive experience in the travel industry, and he is currently Vice Chairman of Trailfinders. He and his school can be found online at naturalnavigator.com--

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What people say about this book

G. Jacobs, "Enjoyable read. This is not a procedural book, so if you're looking for "complete step A, then step B, and you'll know where you are" this isn't it. I am almost ashamed to admit after a lifetime of very amateur astronomy that Gooley says some things about the moon and stars that clicked in my head and changed my perspective on them. That insight alone was worth the price of admission."

Elissa, "The most useful book for anyone who ever leaves the city and paved roads.. This book is one of my favorite books of all time. This is the stuff you discuss on a camping trip, and despite discussing it at length, no one can quite remember the actual facts and rules of thumb that actually get you through. This is ancient wisdom we have lost. Could you sail across the ocean without modern devices and find your way? Could you hike miles and days through the woods with cloudy skies and find your way? People have done this for literally ever, yet we have all lost this ability in modern times. The usefulness of the stars might have been what originally interested humanity in them, rather than what they really are. Sand dunes, snow drifts, moss, puddles, stars, the sun, and even city buildings can all be used by us to get our bearings. I highlighted this book, then wrote notes in a little carry booklet of my own to take with me. This is invaluable information, all in one place."

Starboard Home, "Tristan Gooley's books take me back to childhood, and back to Nature. He's totally engaging. Remember your first trips as a child into the woods or wandering at the shore...watching clouds come and go, looking for moss on the North side of trees, seeing trees and landscapes sculpted by the wind. Well, Tristan's books will rekindle the "child of discovery" in you. I have six of his books, there is some overlap, but in each, you learn so much from how he watches and sees, and reminds us what we can do. He is an invigorating and inspiring author. I love in one of his books (not sure it was this one, he was hiking from Edinburgh to a town in middle England using trails and back roads. At one point he bumped into a couple of hikers with all the "gear" they could carry, while he and a companion had just had their knapsacks, hats and comfortable walking shoes. The "well-equipped" couple passed Tristan with a haughty attitude and said they'd just hiked fifteen miles. They asked him what he was doing (implying someone so ill-equipped couldn't do much). He said he'd left Edinburgh fourteen days before (about 280 miles ago) just walking and camping along the way. Take that Yuppie! He's the real deal. So engaging and a great sense of humor. Go out, enjoy."

Marsha, "The book is an easy read with excellent instructive navigational material. I have been a sailor and navigator for over 40 years but this book has revealed a number of new ways to me that enable you to get to your destination safely. The book is an easy read with excellent instructive navigational material. . This is a must read for anyone who is a coastal or offshore sailor, particularly considering that on-board electronic, navigational devices can and do fail at

times ! In such cases you must have a backup plan for navigating. This book can definitely help.”

reedo breezo, “no magic pill, no morpheus..... This book will not turn you into a natural navigator after you read it. As some reviewers wish it would. Rather it is a book that teaches you how to teach yourself to navigate without gps or compass, etc. It takes work, lots of it. And this book shows you how to get there. Its similar to the kamana program. Your not gonna be a naturalist just by buying and reading the material once and thats it. But you WILL if you work the program. Can you learn this stuff else where? Of course you can. But since we bought this book, we obviously are in need of finding this information. To sum it up, the book is excellent, but you have to work hard to get the benefit.”

Diane Jarecki, “Surprisingly Interesting. OK, this is a book that I bought as a resource not expecting it to be anything more than a dry read. However, I've been pleasantly surprised to find that useful information has been presented in a way that makes the information entertaining and interesting to learn. I highly recommend this to anyone who would like to learn to navigate without having to rely solely on a GPS.”

Ms. M. G. Broom, “he loved. bought as a present , he loved it”

telmatobita, “great present for explorer people. I bought this book as a present for my husband who is into outdoors and exploring things. He loved it!”

smudger, “Bought as a gift but very well received. Bought as a gift but very well received”

Carolina, “Geschenk kam sehr gut an. Ich habe dieses Buch verschenkt und es kam sehr gut an. Es sind viele Tipps und Tricks enthalten, von denen man noch nichts gehört hat, und auch wenn es für Kinder zu kompliziert geschrieben ist (auch für Englisch Muttersprachler) , kann man es sicher gut in Beisein eines Erwachsenen gemeinsam erproben. Tolles Buch und absolutes Must-Have für Wanderer, Erkunder und Entdecker!!”

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